



**Using this template:**

Save document as . . . on your desktop or elsewhere on your computer

Then on your saved form, highlight title and key in your recipe name

Highlight text in table cell and type in your measured ingredients

(to extend table, use tab key in last cell of the ingredients table)

Type cooking method in the single table cell box.

Proof read, save file and email as an attachment to: [ptyc.recipes@gmail.com](mailto:ptyc.recipes@gmail.com)

**TITLE**

<b>Portion and Ingredients</b>	<b>Portion and Ingredients</b>
<b>Portion and Ingredients</b>	<b>Portion and Ingredients</b>
<b>Portion and Ingredients</b>	<b>Portion and Ingredients</b>
<b>Portion and Ingredients</b>	<b>Portion and Ingredients</b>